



Salvo Community Soccer Quick Coaching Guide



Remember:

- We strive to Have FUN While Learning Soccer.
- We Coach the game within the child.
- No Laps, No Lines, No Lectures.
- Players come in all shapes, sizes and abilities.
- Remember that players don't know the difference between professional and volunteer coaches. Choose your words carefully.
- Suspend your belief in reality for a few hours each week.
- Don't expect the game to look like an adult game.
- Be prepared for anything, the good and bad. Know the address of your field.
- Your goal is to have the players want to come back and play again
- We appreciate your time, effort, commitment and great attitude. Your smile.

Why do things “The Salvo Way”

- We focus on dribbling to encourage aggressive attacking players. Let the kids dribble and work on this skill now, let them make mistakes. Competitive coaches will thank you later. With this in mind teach ball handling, not tactics. Try to keep as many balls on the field as possible with the younger groups.
- We play small sided games to help players learn the game at a faster pace. This also helps kids improve because they have more opportunities on the ball. We want our players to make more, less complicated decisions. We want our players to be more physically efficient on the field. This also keeps players more involved during their playing time.

<u>U5 - U8 Laws of the Game</u>	<u>Game Day Organization</u>
<p>U5 - U8 Laws of the Game</p> <p>No Throw ins (Pass in)</p> <p>No Corner Kicks (Goal Kick) Any Ball over the line is a goal kick.</p> <p>Opposing team should back up to the half line for goal kicks. The opposing team should be 4 giant steps back on kick offs and re-starts.</p> <p>Entire ball must be over line. If it is close continue play. We don't need to stress over this.</p>	<p>Game Day Organization</p> <p>Team Benches in middle.</p> <p>Parents on the outside a few yards off of the sideline. <i>WHY-This will help players stay focused. This makes it easier to locate and organize players. Helps us develop behavior patterns for later years.</i></p> <p>Encourage and cheer on both teams. The games don't happen without 2 teams and coaches.</p>
<p>Size 3 Ball.</p> <p>U7/U8 Play 4 v 4</p> <p>All fouls are indirect kicks.</p> <p>The flow of the game is more important then calling every foul. Focus on player safety.</p> <p>Team that is fouled takes the kick from the spot of the foul. No penalty kicks.</p>	